

# Hippocampal Sparing Whole Brain V2.01 (HSWBv2.01) Model Description

## Purpose:

This document describes the context in which the Hippocampal Sparing Whole Brain (HSWBV2.01) Model should be used, as well as how it was configured and validated. All instruction needed to use this model in your clinic can be found when you **read the first five pages of this document**.

## Applicability:

**Note** *RapidPlan knowledge-based planning and its models are not intended to replace clinical decisions, provide medical advice or endorse any particular radiation plan or treatment procedure. The patients' medical professionals are solely responsible for and must rely on their professional clinical judgment when deciding how to plan and provide radiation therapy.*

**Note** *The performance of the HSWBv2.01 model may vary depending on the contouring and planning guidelines. Each site should validate the model with institution-specific contouring and planning guidelines before clinical use.*

**Note** *You should validate every DVH estimation model before using it clinically. This applies to any model, whether Varian provided, peer provided or the models you create yourself.*

- This model is designed to be used for RapidArc treatment plans for whole brain utilizing a hippocampal sparing technique. This model was created using 4 arc Halcyon plans calculated with AcurosXB but has also been validated with multiple (coplanar and non-coplanar) beam geometries on TrueBeam. (See Annex C for quantification of performance for each method).
- This v2.01 model differs from prior v2.0 model in that this model is preconfigured for 20Gy Rx (instead of 30Gy), but both **models are scalable: Rx should not determine which model you chose**. (See Annex A)

- **CCTG CE.7 inspired** v2.01 prioritizes 99% coverage of the PTV\_WB with maximal homogeneity and then spares the true hippocampus as low as achievable while considering conformality with moderate-high importance.
- **NRG CC-001 inspired** v2.0 aims for 95% coverage of the PTV\_WB with maximal hippocampal sparing to the hippocampus+05 while minimizing V105% and prioritizes conformality with high importance.

- The model is intended to be used in conjunction with a **MU objective** with a **strength of 80** and **minimum MU 1000 (1600 for 6X-FFF) and maximum MU of 2500**. This MU objective **must be added manually each time**.
- The “**Automatic Intermediate Dose**” function of the Photon Optimizer was utilized with **MR3** return and **convergence mode: extended** selected in the calculation options. These **settings should be changed prior to starting the optimization or plan quality will be compromised**. Also, to reach desired homogeneity goals, **consider an additional intermediate dose optimization: “2xMR3”** (See Annex C)
- The model is intended for whole brain with hippocampal sparing without a simultaneous integrated boost (SIB) to gross disease. If SIB is intended to be utilized for boost volume, clinical validation of model performance is necessary. The model was not generated or fully validated for SIB clinical cases (See Annex D).
- The HSWBv2.01 model was created using the guidelines described below.

## Target and OAR contouring and planning guidelines:

The HSWBV2.01 model was created using the following guidelines. Every patient must have a planning CT. The CT simulation scan must encompass the entire head to include the most superior aspect of the patient through the entire head. Axial slice thickness should not exceed 2.5mm and smaller axial cuts are recommended.

The use of MRI guided contouring is also recommended. The MRI axial slice thickness should match the CT slice thickness as much as possible. It is recommended to obtain gadolinium-enhanced studies to include three-dimensional spoiled gradient (SPGR), magnetization-prepared rapid gradient echo (MP-RAGE), or turbo field echo (TRF) axial MRI scans with axial slice thickness not greater than 1.5mm. Standard axial and coronal gadolinium contrast-enhanced T1-weighted sequence and axial T2/FLAIR sequence scans should be acquired with no greater than 2.5mm slice thickness.

The planning target volumes (PTV) and the organs at risk (OARs) are contoured on the planning CT.

### Target contouring guidelines:

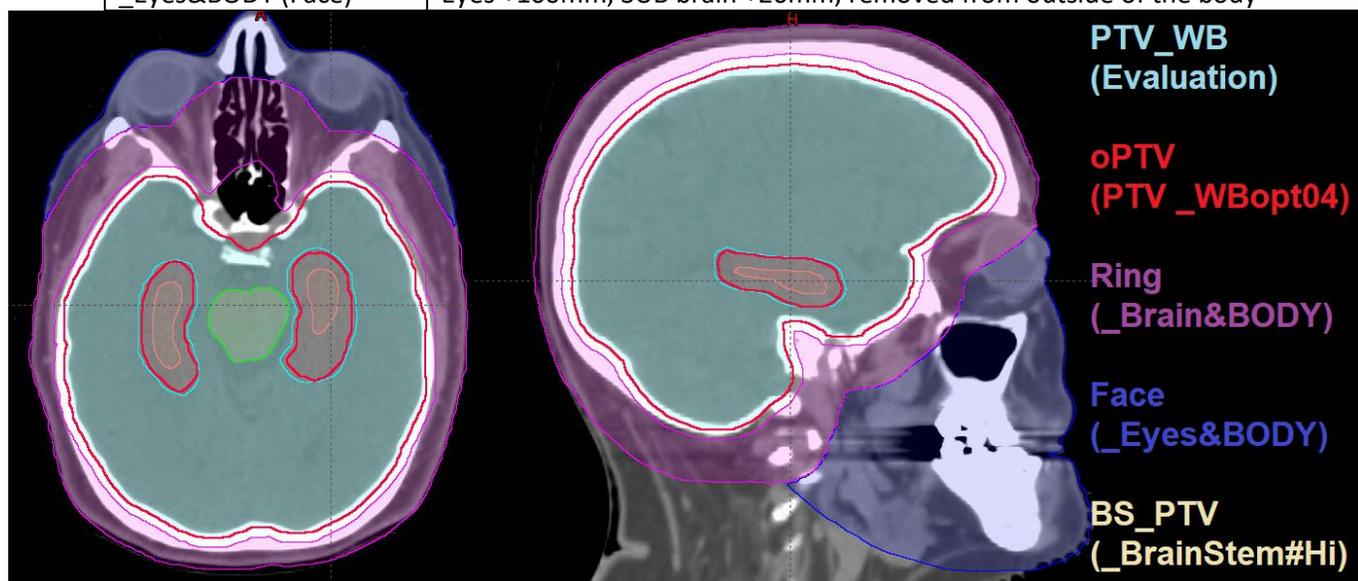
Target name	Guidelines
CTV (or Brain)	Whole brain parenchyma through the foramen magnum
PTV_WB	CTV + 2mm setup margin added in this model, but 0-3mm are valid (institutional preference) excluding the hippocampal avoidance region

### OAR contouring guidelines:

OAR name	Guidelines
Hippocampus(R+L)	Bilateral hippocampal contours (contoured in one structure); will be generated from the CT simulation image set fused to MRI image sets <u>Average Total Volume of this structure was 4.5cc</u> in training set cases. The largest volumes seen in the training set were ~7cc (>7.5cc were excluded).
Brainstem	Best generated on MRI image set and verified on CT simulation image set. Inferior aspect at the level of foramen magnum (should be at the interface of CTV inferior aspect) and superiorly to include midbrain
Spinal Canal	Superior aspect to begin at the distal edge of the brainstem through inferior aspect of the image set
Lens(R/L)	Use CT image set only for creation; bilateral contoured separately
Optic Nerve (R/L)	Use CT image set only for creation; bilateral contoured separately
Eye(R/L)	Best generated from CT simulation image set; delineate the entire globe of the eye; bilateral contoured separately
Optic Chiasm	Structure best visualized on MRI image set and confirmed on CT image set; located above the pituitary fossa which is located within the sella turcica
Lacrimal Gland(R/L)	Structure sits superior and lateral to the globe of the eye; best generated on CT simulation image set and verified using MRI; bilateral contoured separately

### Optimization structure Guidelines\*

Hippocampus+05(R+L)	Avoidance used to create PTV_WB for evaluation, not optimized in this model
PTV_WBopt04	PTV excluding hippocampi +4mm additional margin from hippocampus structure. Reduced margin in optimization to achieve Rx @ 99% PTV_WB).
_Brain&BODY (Ring)	+20mm from the brain, SUB +5mm from brain, removed from outside body
_Brainstem#Hi (BS_PTV)	Brainstem SUB Hippocampus + 5mm
_Eyes&BODY (Face)	Eyes +100mm, SUB brain +20mm, removed from outside of the body



\* Optimization structures can be automatically created with ESAPI PlanScoreCard tool (Annex B3)

### Treatment planning guidelines:

All cases used to train and to validate the model were planned using head-first supine position with head positioned in a neutral position. All patients were immobilized with an aquaplast mask. A four arc VMAT technique was utilized with four full coplanar arcs on Halcyon with MLC in SX2 mode (standard mode on all Halcyon D / Drive and above configurations). Arcs had alternating clock-wise and counter clock-wise gantry rotations with collimator positions set at 315, 0, 45 and 90. The coplanar arcs had 359.8 degrees of arc rotation for each field. Arcs were positioned at a single isocenter located in the center of the target.

Full validation with different number of arcs, geometries and dose calculation methods on TrueBeam (M120 MLC) can be seen in Annex C, including a quantification of the relative dosimetric performance of each method.

The following dose prescription and planning guidelines were used for the cases to train and validate the model.

<b>Target</b>	PTV_WB	20Gy in 5 fractions
	coverage	D100% at 99%; D98% > 20Gy; D2% < 21Gy (normalization to D100% >=99%)
<b>OARs</b>	Chiasm	D0.03cc < 21Gy
	Brainstem	D0.03cc < 22Gy
	Cord	D0.03cc < 22Gy
	Optic Nerve	D0.03cc < 21Gy
	Eye	Mean dose < 2Gy; Max dose <11Gy
	Lacrimal Gland	Mean dose < 4Gy
	Lens	D0.03cc < 3Gy
	Hippocampus	D0.03cc <12Gy; Mean dose < 9Gy; D100% < 5Gy

## References for contouring and planning guidelines:

Roberge D, Chan M, Gondi V. **CCTG CE. 7: Stereotactic Radiosurgery Compared With Hippocampal-Avoidant Whole Brain Radiotherapy (HA-WBRT) Plus Memantine for 5 or More Brain Metastases** <https://www.ctg.queensu.ca/public/brain/brain-disease-site>  
(HSWBv2.01-2023 <https://medicalaffairs.varian.com/wholebrain-hippocampalsparing-20gy-vmat2> )

Liu H, Clark R, Magliari A, Foster R, Reynoso F, Schmidt M, Gondi V, Abraham C, Curry H, Kupelian P, Khuntia D, Beriwal S. **RapidPlan hippocampal sparing whole brain model version 2-how far can we reduce the dose?** Med Dosim. 2022 Autumn;47(3):258-263. doi: 10.1016/j.meddos.2022.04.003.  
[https://www.meddos.org/article/S0958-3947\(22\)00039-5/fulltext](https://www.meddos.org/article/S0958-3947(22)00039-5/fulltext)  
(HSWBv2.0-2022 <https://medicalaffairs.varian.com/wholebrain-hippocampalsparing-vmat2> )

Magliari V, Magliari A, Foster R. **Hippocampal Sparing Whole Brain: Rapid Plan Model Following the NRG-CC001 Protocol.** AAMD Conf Poster Present.  
<https://medicalaffairs.varian.com/download/PosterPresentationAAMD2017RapidplanHCSWB.pdf>  
(HSWBv1-2016 <http://medicalaffairs.varian.com/wholebrain-hippocampalsparing-vmat1> )

Brown P, Gondi V **NRG-CC001: A Randomized Phase III Trial of Memantine and Whole-Brain Radiotherapy With or Without Hippocampal Avoidance in Patients with Brain Metastases**  
<https://www.nrgoncology.org/Clinical-Trials/NRG-CC001>

Prokic V, et al **Whole Brain Irradiation with Hippocampal Sparing and Dose Escalation on Multiple Brain Metastases: A Planning Study on Treatment Concepts** <http://dx.doi.org/10.1016/j.ijrobp.2012.02.036>

Physicians with considerable experience in treating patients under the **CCTG CE.7 protocol**, additional planning goals and contouring consistency were completed to their clinical preference

## Structure codes:

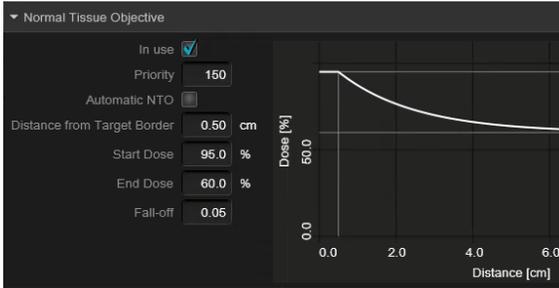
To ensure robust structure matching between new cases and the structures defined in the model, it is recommended to use the following structure code assignment:

Structure name example	Structure name in model	Structure code(s) in model
PTV_WBopt04mm	PTV_WBopt	(PTV_High,PTV_Int Target)
Hippocampus_Totl	Hippocampus(R+L)	(275020)
Chiasm	OpticChiasm	(62045)
Brainstem	Brainstem	(79876)
Spinal Cord	SpinalCanal	(9680, 7647)
LOptic	OpticNerve(R/L)	(50878, 50875)
ROptic	OpticNerve(R/L)	(50878, 50875)
LEye	Eye(R/L)	(12515, 125124)
REye	Eye(R/L)	(12515, 125124)
LLacrimonal	Lacrimonal(L/R)	(59103, 59102)
RLacrimonal	Lacrimonal(L/R)	(59103, 59102)
LLens	Lens((R/L)	(58243, 58242)
RLens	Lens((R/L)	(58243, 58242)
NS_Ring	_Brain&BODY	(Control Region)
BrainstemPTV	_Brainstem#Hi	(Control Region)
Face	_Eyes&Body	(Control Region)

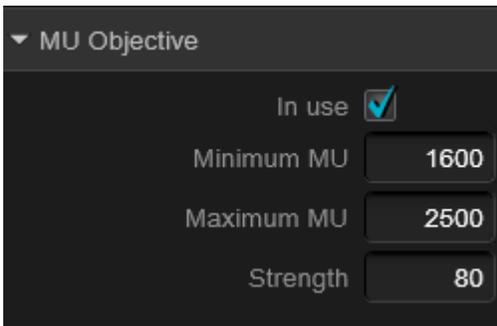
## Optimization objectives and settings:

The following optimization objectives were defined in the model and will be generated when the model is applied to a new case:

Applying the model will also set the following parameters for the NTO:



MU objective is also recommended for planning with the following parameters:



Minimum 1600 for 6X-FFF, 1000 for 6X

\*\*\*\*\* MUST be added manually \*\*\*\*\*

Target	ID	Vol [%]	Dose	Priority	gEUD a
Yes	_BRAINSTEM#HI (Control)				
	Lower	99.9	100.5 %	210	
Yes	PTV_WBopt4 (TV_High, PTV_Intermediate)				
	Upper	0.0	105.0 %	400	
	Upper	1.5	103.5 %	190	
	Upper	12.0	102.4 %	175	
	Lower	99.5	101.6 %	260	
	Lower	99.7	100.5 %	280	
	Lower	100.0	95.7 %	200	
	Upper gEUD		101.8 %	115	40.0
	_BRAIN&BODY (Control)				
	Upper	0.0	99.0 %	350	
	_Eyes&BODY (Control)				
	Mean		Generated	85	
	Line (preferring OAR)		Generated	Generated	110
	Brainstem (79876)				
	Upper	0.0	101.0 %	175	
	Eye(R/L) (12515, 12514)				
	Upper (fixed vol., generated dose)	0.0	Generated	125	
	Mean		Generated	95	
	Line (preferring target)		Generated	Generated	85
	Hippocampus(R+L) (275020)				
	Upper (fixed vol., generated dose)	99.0	Generated	230	
	Upper (fixed vol., generated dose)	0.0	Generated	185	
	Mean		Generated	120	
	Line (preferring target)		Generated	Generated	135
	Lacrimal(L/R) (59103, 59102)				
	Mean		Generated	65	
	Line (preferring target)		Generated	Generated	80
	Lens(R/L) (58243, 58242)				
	Upper (fixed vol., generated dose)	0.0	Generated	110	
	Mean		Generated	68	
	Line (preferring target)		Generated	Generated	74
	OpticChiasm (62045)				
	Upper	0.0	100.5 %	160	
	OpticNerve(R/L) (50878, 50875)				
	Upper	0.0	100.5 %	160	
	Line (preferring target)		Generated	Generated	30
	SpinalCanal (9680, 7647)				
	Upper	0.0	100.5 %	160	

## **Model Training:**

This Hippocampal Sparing Whole Brain (HSWBv2.01) model was trained with the same final 42 case multi-institution CT dataset from the HSWB2.0, structures were modified as needed. Each case was simulated with aquaplast mask immobilization and neutral head position.

All cases were initially re-planned to 20Gy in 4Gy fractions with 6X-FFF energy on a Varian Halcyon with SX2 MLC mode.

All cases utilized VMAT technique. Arcs had alternating clockwise and counterclockwise gantry rotations with collimator positions set at 315, 0, 45 and 90 degrees. The coplanar arcs had 359.8 degrees of arc rotation and were positioned with isocenter located in the center of the target.

The recursive method of model creation was utilized to generate a RapidPlan model with very consistent, high-quality plans developed with tight DVH prediction bands allowing for finely balanced hippocampal sparing, target coverage and homogeneity optimization objectives to be used. HSWBv2.01 uses plans created from HSWBv2.0 (which was, in-turn, created from HSWBv1 model released in 2016) as its starting point leveraging the Rx scaling feature (30Gy->20Gy). These initial starting point plans were created without the HSWBv2.0 hippocampal DVH prediction line objectives and instead DVH point objectives were generated along the hippocampus line objectives which were then offset by fixed percentages toward higher dose levels. This offset accounted for the dose gradient shifting toward the hippocampal structures in order to achieve the desired target coverage goal (Rx dose covering 99% of PTV\_WB). A modified version of the V2.0 scorecard was created which adjusted previous metrics and added additional metrics to capture CE. 7 and it's author's clinical preference (aggressive target coverage and maximal homogeneity). The free PlanScoreCard ESAPI scoring tool was not only used to score plans (scores which guide tuning the model's automatically generated optimization objective priorities), but also can be used to automatically create optimization structures (see Annex B3).

Those initial plans created from HSWBv2.0 model scaled to 20Gy and with offset hippocampal sparing objectives became the training set for the initial HSWBv2.01 model. A recursive model creation process was employed to ensure the final HSWBv2 training set consisted, exclusively, of plans generated from the initial HSWBv2.01 model. Evaluating plan scores at each step in the process informed multiple iterations of re-tuning the optimization objective set.

## **Model Validation:**

The HSWBv2.01 model was validated using the 42 cases included final model training set. See the table on the next page to better understand the model creation / validation and scores achieved throughout the process.

Five additional validation cases not included in the model training set are explored, in detail, in the Annex. Those cases are scored with various arc geometries (both coplanar and non-coplanar) on both Halcyon and TrueBeam (Millennium120 MLC) with differing numbers of intermediate dose optimizations, with a quantification of the relative dosimetric performance (score) of each method. For a deeper validation featuring differing beam energies, dose calculation methods and convergence mode options, see the clinical description from HSWBv2.0.

	V2.0 Scorecard=142	V2.01 Scorecard = 158.5 Total points		
	Final Result	created by modV2.0 model	created by initial v2.01	Final Result
Patient	Final V2.0 Model	Training Set for initalv2.01	Training Set for finalv2.01	Final V2.01 Model
Patient 1	132.35	141.86	145.71	145.44
Patient 3	132.47	145.2	144.86	143.44
Patient 4	137.17	147.19	147.07	149.02
Patient 5	129.81	142.07	147.21	147.2
Patient 8	132.53	140.78	143.11	142.5
Patient 9	132.6	140.45	141.33	142.38
Patient 11	132.32	133.87	138.56	140.29
Patient 13	131.92	144.49	145.4	145
Patient 16	136.6	141.81	143.81	146.68
Patient 19	134.64	139.96	138.36	142.39
Patient 20	131.66	135.18	140.46	140.36
Patient 21	131.36	133.19	134.17	139.98
Patient 23	134.14	145.68	146.29	144.43
Patient 24	133.82	137.54	143.45	141.3
Patient 25	134.88	145.97	146.43	146.63
Patient 27	133.96	146.26	146.81	145.79
Patient 28	131.32	139.94	141.11	140.14
Patient 30	133.23	140.83	140	143.21
Patient 34	131.16	141.55	143.28	143.15
Patient 35	132.72	144.64	145.4	145.29
Patient 44	129.91	137.45	135.43	140.17
Patient 45	129.64	139.56	141.95	143.56
Patient 47	133.63	145.21	145.85	146.5
Patient 48	135.3	145.59	146.16	146.85
Patient 49	134.7	144.78	146.3	145.5
Patient 50	131.7	144.62	144.8	144.11
Patient 52	132.01	138.99	142.36	141.31
Patient 54	134.41	145.38	143.13	145.87
Patient 55	132.49	135.02	135.9	140
Patient 57	134.69	140.16	140.75	145.58
Patient 60	131.74	134.59	131.7	135.36
Patient 64	134.42	141.49	146.32	145.41
Patient 65	133.45	143.75	143.68	143.29
Patient 66	132.58	136.49	138.8	140.33
Patient 68	132.24	134.1	143.46	144.42
Patient 69	130.8	131.62	126.21	135.51
Patient 70	133.5	135.17	139.71	140.47
Patient 71	132.54	141.31	143.41	143.58
Patient 72	132.72	140.79	138.28	142.04
Patient 77	131.67	142.35	144.01	142.5
Patient 80	134.76	147.27	147.11	146.36
Patient 85	135.24	144.27	140.82	145.73
<b>Average</b>	<b>132.9714286</b>	<b>140.9147619</b>	<b>142.1180952</b>	<b>143.3111905</b>

## **Annex Directory**

Annex A: **Visual comparison of HSWBv2.01/HSWBv2.0**: different tradeoffs (coverage / sparing)

**A1 DVH comparison**

**A2 Isodose comparison**

Annex B: **Scorecard**

**B1 Score comparison of HSWBv2.01/HSWBv2.0**: expressing intent with precision

**B2 PlanScoreCard ESAPI tool: where to find**

**B3 PlanScoreCard ESAPI tool: automatically generate derived structures**

**B4 Scorecard modifications** Version 2.01 from Version 2.0

Annex C: **Validation Results**

**C1 Beam Arrangements**: Halcyon and TrueBeam

**C2 1xMR3, 2xMR3, 3xMR3** (Convergence Mode: Extended)

**C3 Rapidplan v15.6 and v17** model versions

**C4 v2.01 model evolution progress** (scores) on validation set

Annex D: Examples applying this model for **Simultaneous Integrated Boost**

**D1 Example SIB Plan 27.5Gy in 5Fx**

**D2 SIB DVH Comparison**

**D3 Planning Structures**

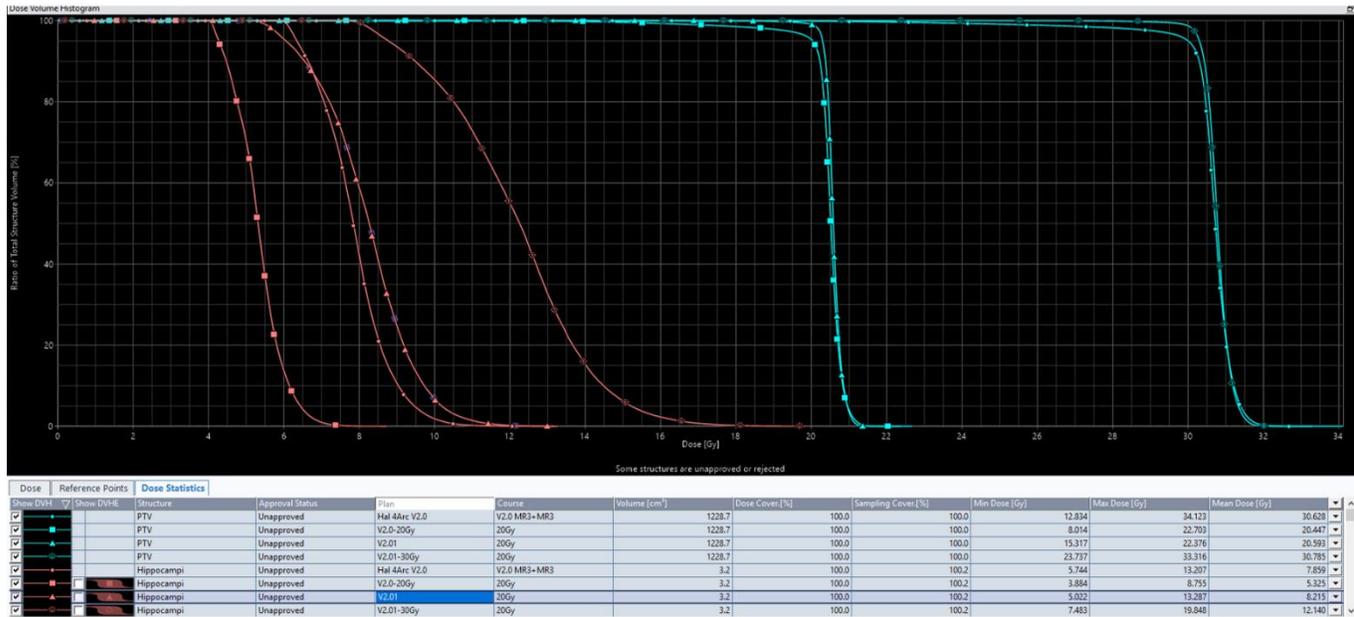
**D4 Metastasis proximity to hippocampus**

Annex E: **Acknowledgements**

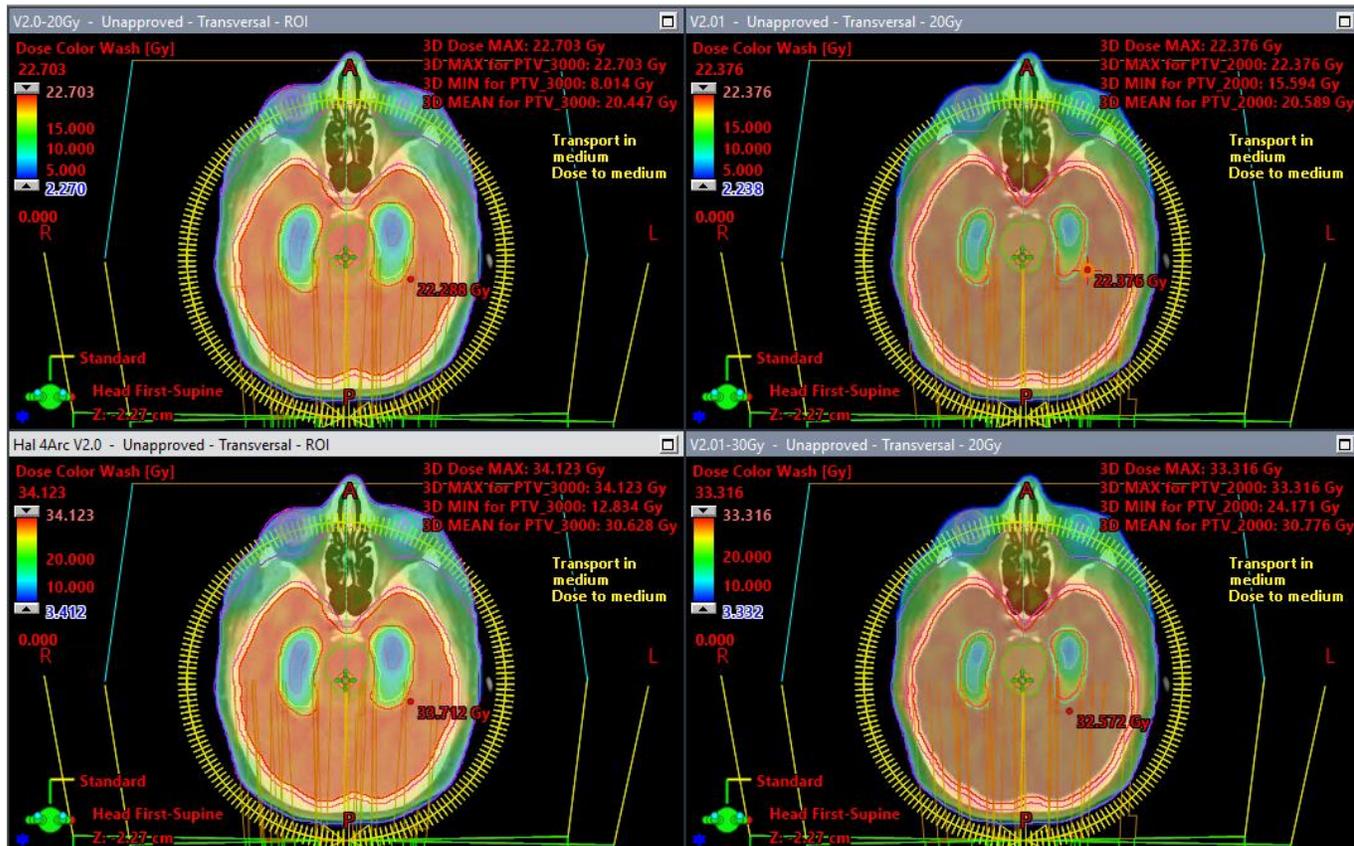
Annex F: **Distribution and compatibility**

# Annex A: Comparison of HSWBv2.01 / HSWBv2.0: different tradeoffs (coverage vs sparing)

## A1 DVH comparison-2.0 and 2.01 RP models reoptimized to both 20Gy & 30Gy (patient 36)



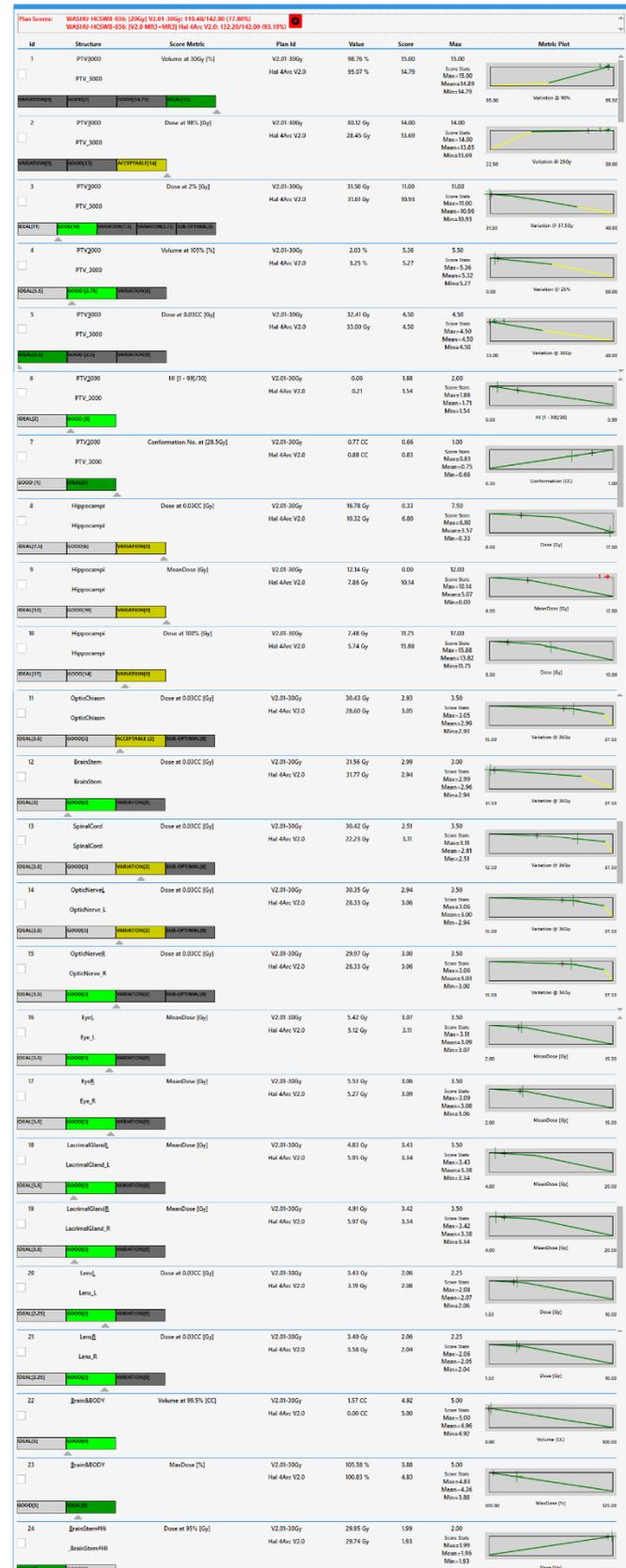
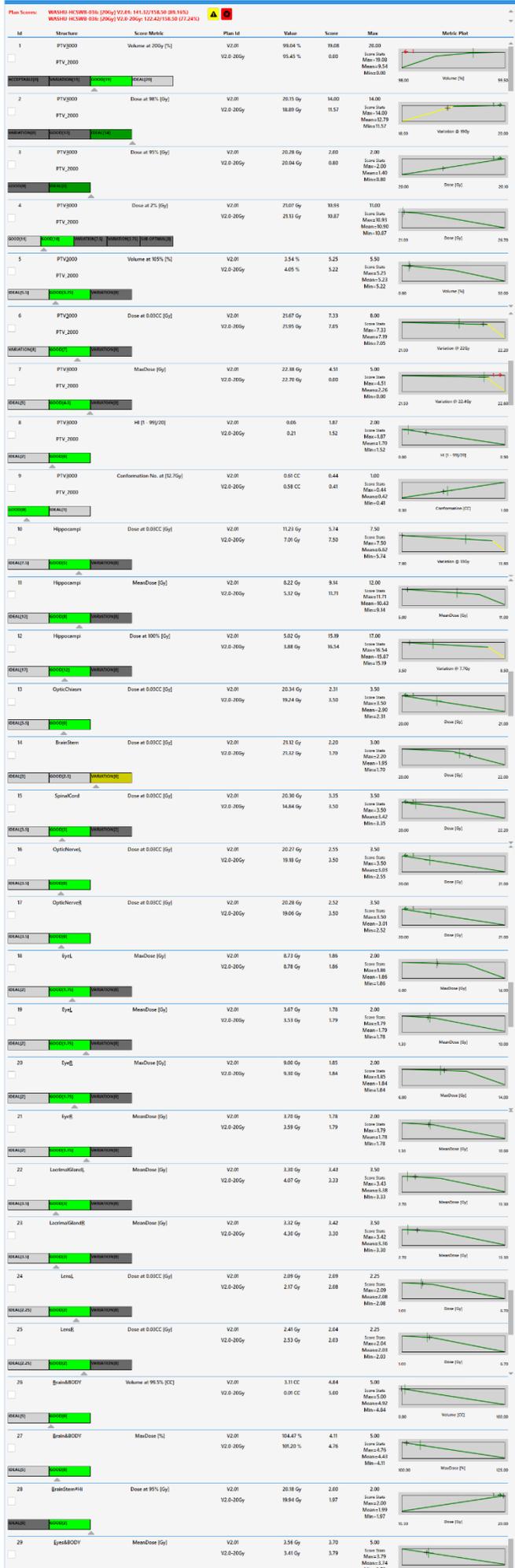
## A2 Isodose comparison-2.0 and 2.01 RP models reoptimized to both 20Gy & 30Gy (patient 36)



**Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool**

**B1 Score comparison of HSWBv2.0/HSWBv2.01: expressing intent with precision**

Plan Score Comparison								
	V2.0 Scorecard 30Gy (142 total points)				V2.01 Scorecard 20Gy (158.5 total points)			
Patient	v2.0 model		v2.01 model@30Gy		v2.0 model@20Gy		v2.01 model	
36	132.08	93.01%	110.48	77.80%	123.42	81.07%	141.32	90.81%
37	133.24	93.83%	112.35	79.12%	128.49	73.64%	143.93	90.42%
39	132.17	93.08%	117.58	82.80%	116.72	72.34%	143.31	86.62%
40	133.39	93.94%	116.68	82.17%	114.66	78.08%	137.3	89.30%
41	131.82	92.83%	112.31	79.09%	123.76	76.60%	141.54	89.26%
<b>Average</b>	<b>132.54</b>	<b>93.34%</b>	<b>113.88</b>	<b>80.20%</b>	<b>121.41</b>	<b>76.35%</b>	<b>141.48</b>	<b>89.28%</b>



ScoreCard Comparison 2.01(left) and 2.0(right) both RP models reoptimized to both 20Gy & 30Gy (patient 36)  
 Note: 2.0model plan fails 2.01 Scorecard target coverage and Dmax, while 2.01model plan fails 2.0 scorecard for hippocampal mean dose (red arrow = Opts/FAIL)

## Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool

### B2 PlanScoreCard ESAPI tool: where to find

[Varian Innovation Center · GitHub](https://github.com/Varian-Innovation-Center) ( <https://github.com/Varian-Innovation-Center> )

The screenshot shows the GitHub repository page for 'MAAS-PlanScoreCard' by 'mattschmidt'. The repository is marked as 'Internal'. It has 7 watchers, 0 forks, and 0 stars. The repository is on the 'main' branch with 3 branches and 0 tags. The commit history shows a commit by 'mattschmidt' titled 'Widened Plan Id Column...' 14 days ago with 82 commits. The file list includes 'NormalizeToScorecard', 'PlanScoreCard', '.gitattributes', '.gitignore', and 'PlanScoreCard.sln'. The 'About' section is highlighted with a red box and contains the text: 'Medical Affairs Applied Solutions ESAPI tool to create ScoreCards and score plans; in-metric Boolean/expansion; normalize dose to max score'. The 'Releases' section shows 'No releases published' and a link to 'Create a new release'. The 'Packages' section shows 'No packages published' and a link to 'Publish your first package'. The 'Contributors' section lists three contributors: 'jalovis Jordan Lovis', 'mattschmidt Matthew Schmidt', and 'fizxmike Michael Folkerts'. The 'Languages' section shows 'C#' at 100.0%.

Currently, the source code is shared on the Varian Innovation Center GitHub where it can be downloaded and compiled with Visual Studio 2022 (including with the free community edition), now in the releases section users can find precompiled binaries ready to run in all compatible versions of Eclipse (v15.6+). PlanScoreCard is made available under the Varian Limited Use Software License Agreement.

## Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool

### B3 PlanScoreCard ESAPI tool: automatically generate derived structures

The PlanScoreCard tool has a feature where derived structures (made with Boolean and Expansion tools) can be created automatically. These structures can be created temporarily (to be used for scoring the plan but never saved back to the database) or (if the ESAPI tool has been approved for writing) the PlanScoreCard tool's configuration file can be edited so these generated structures are saved.

Below are screen captures showing how to build structures

### Ring Structure Generation

+20mm from the brain, SUB +5mm from the brain, and removed from outside of the body

The screenshot shows the 'BUILD A STRUCTURE' window with the following configuration:

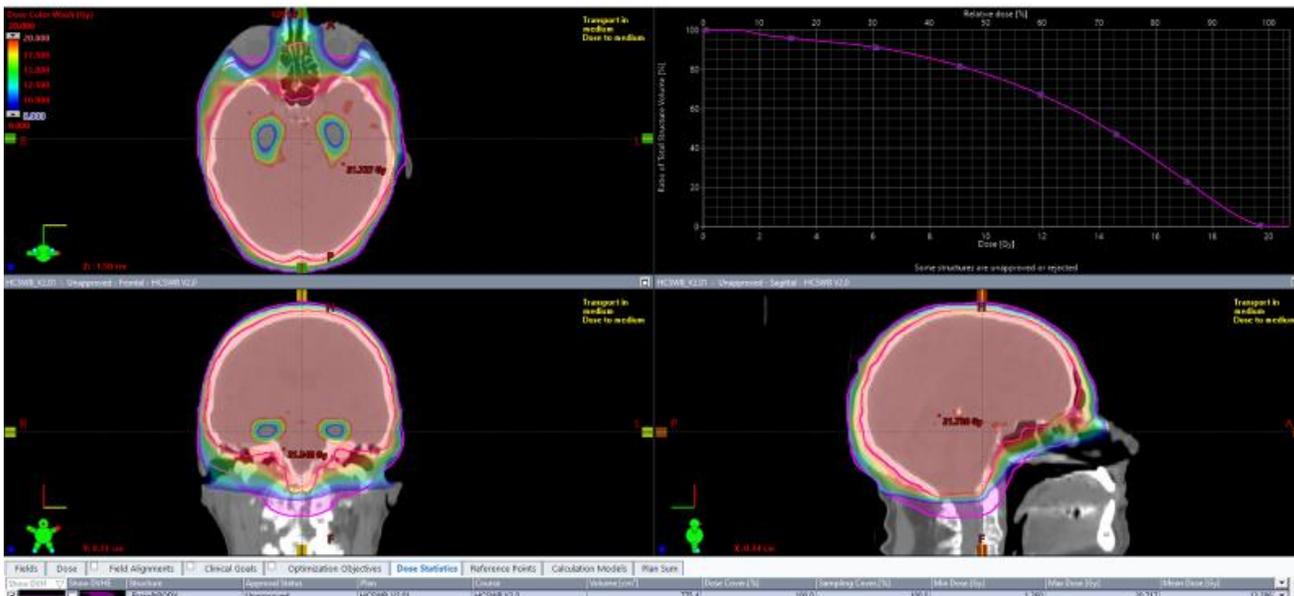
Operation	Structure	Margin [mm]
	Brain	- 20
SUB	Brain	- 5
AND	BODY	- 0

Group1: <Brain>[20 SUB <Brain>]5 AND <BODY>

Structure Builder Comment: (<Brain>[20 SUB <Brain>]5 AND <BODY>)  
Structure Id: \_Brain&BODY

Buttons: +, AND, OR, SUB, Edit Groupings, FINALIZE STRUCTURE

### Ring Structure



## Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool

### B3 PlanScoreCard ESAPI tool: automatically generate derived structures

## Brainstem Target Structure Generation

### Brainstem SUB Hippocampi + 5mm

**BUILD A STRUCTURE**

AND OR SUB

Operation Structure Margin [mm]

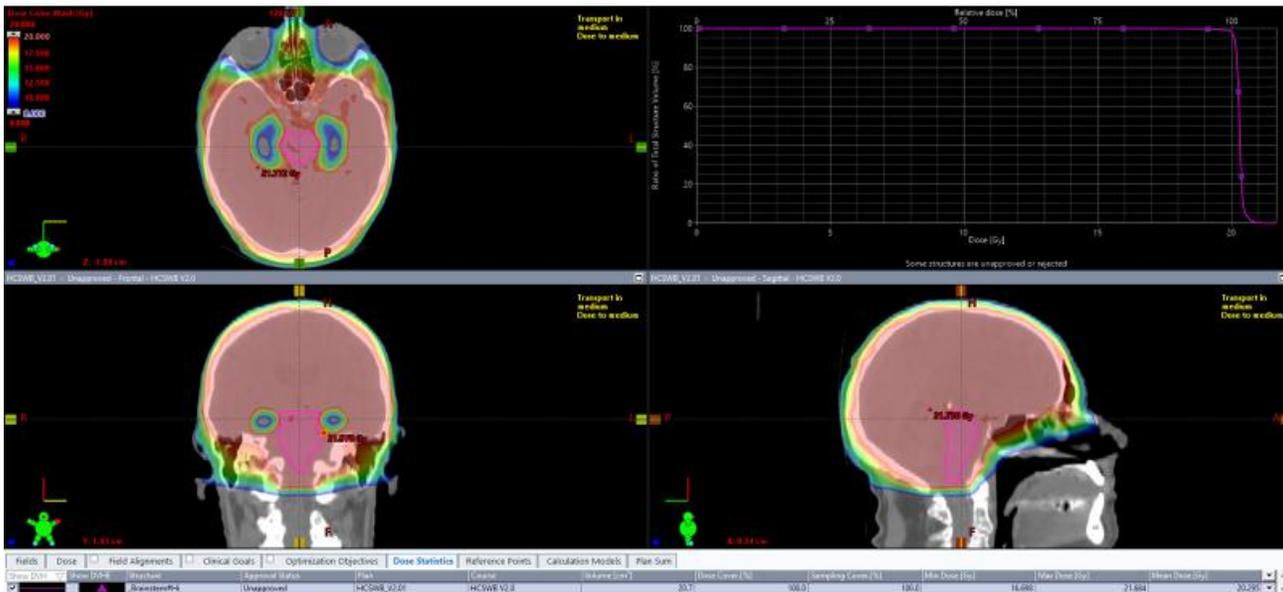
Operation	Structure	Margin [mm]
	Brainstem	0
SUB	Hippocampus_Totl	5

Group1  
<Brainstem> SUB <Hippocampus\_Totl>|5

Structure Builder Comment  
(<Brainstem> SUB <Hippocampus\_Totl>|5)  
Structure Id: \_Brainstem#H1

FINALIZE STRUCTURE

## Brainstem Target Structure



# Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool

## B3 PlanScoreCard ESAPI tool: automatically generate derived structures

### Face Structure Generation

Eyes + 100mm, SUB Brain +20mm, and removed from outside of the body

Operation	Structure	Margin (mm)
AND	Leye	100
OR	Reye	100
SUB	Brain	20
AND	BODY	0

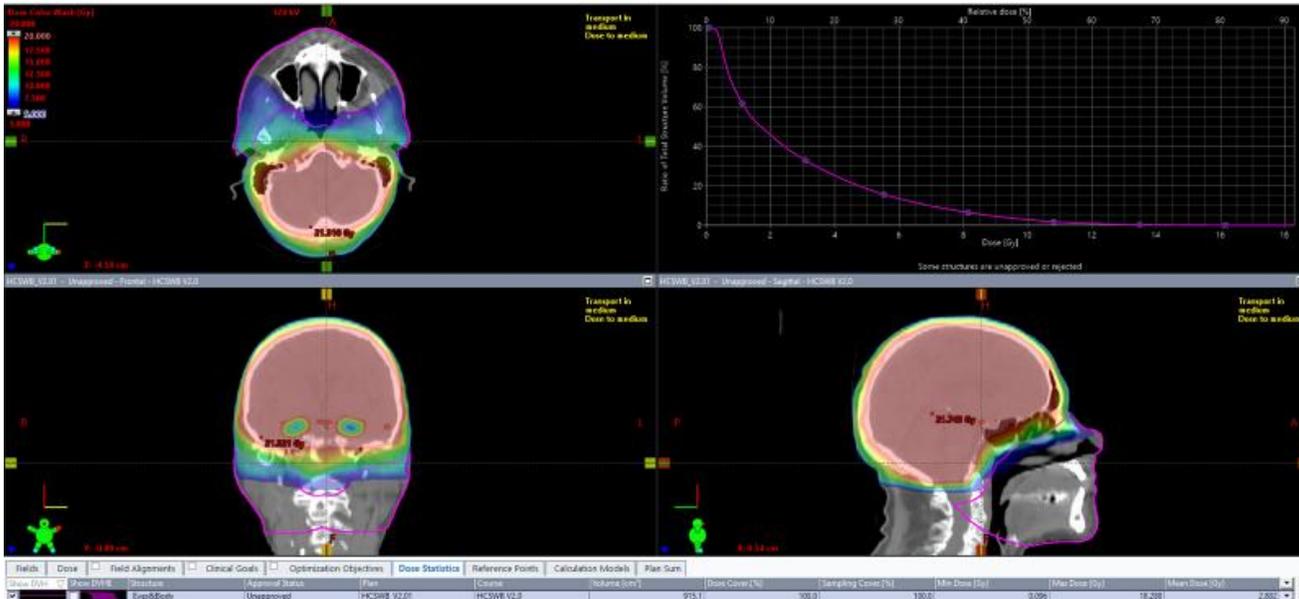
Group1  
<Leye>[100 OR <Reye>[100 SUB <Brain>[20 AND <BODY>]

Structure Builder Comment  
<Leye>[100 OR <Reye>[100 SUB <Brain>[20 AND <BODY>]

Structure Id:

FINALIZE STRUCTURE

### Face Structure



# Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool

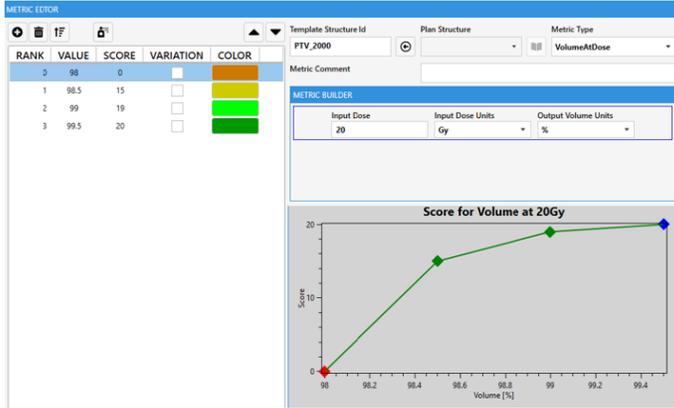
## B4 Scorecard modifications Version 2.01 from Version 2.0

PTV Brain – Volume at 20Gy (customized-not scaled)

PTV Brain – Volume at 30Gy

V2.01

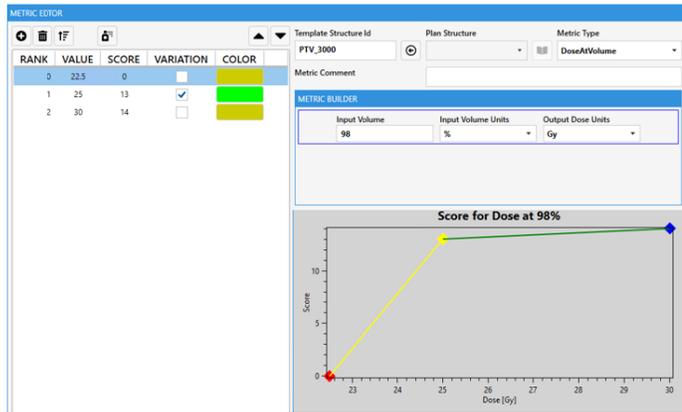
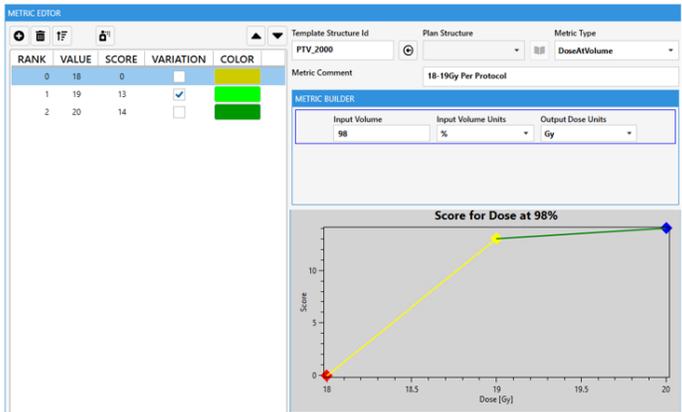
V2.0



PTV Brain – Dose at 98% (scaled)

V2.01

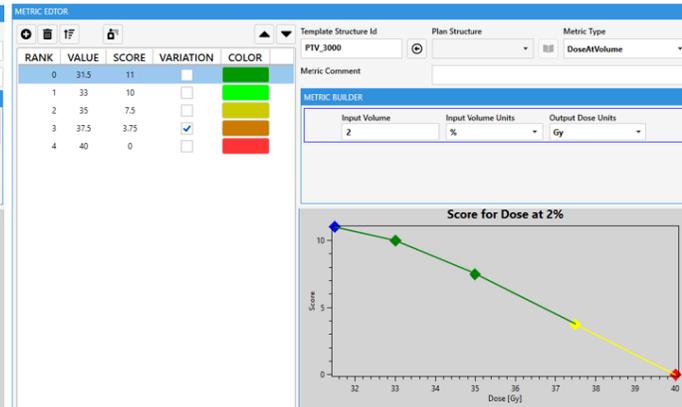
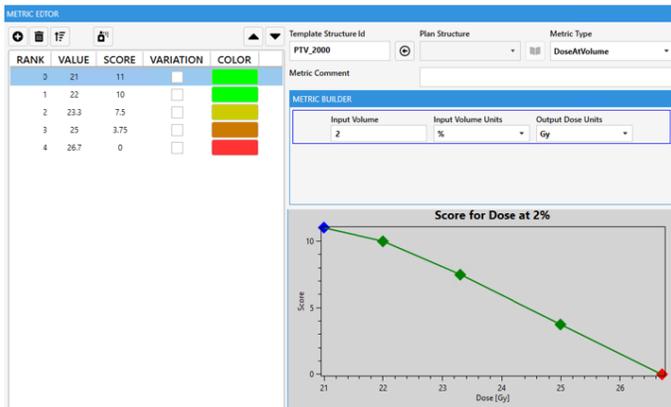
V2.0



PTV Brain – Dose at 2% (scaled)

V2.01

V2.0

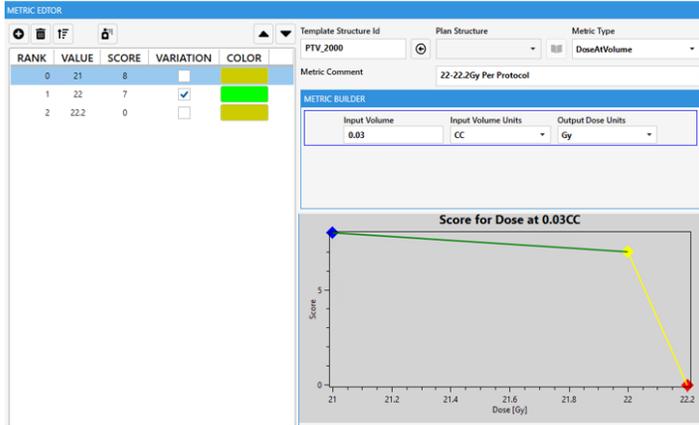


# Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool

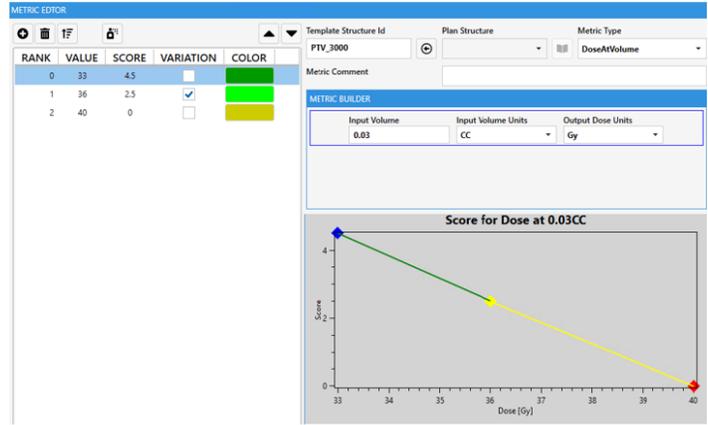
## B4 Scorecard modifications Version 2.01 from Version 2.0

PTV Brain – Dose at 0.03cc (customized-not scaled)

V2.01

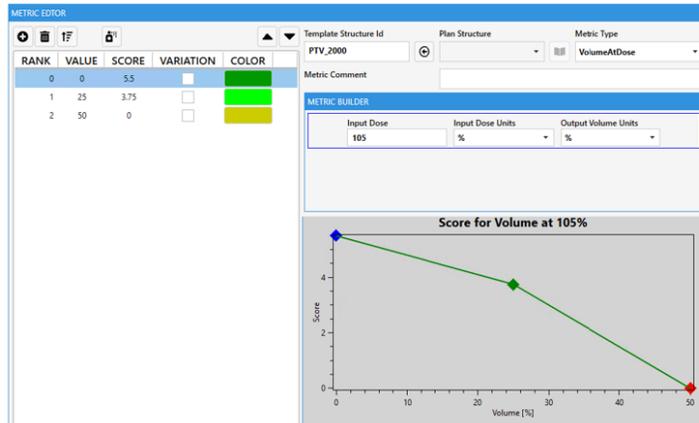


V2.0

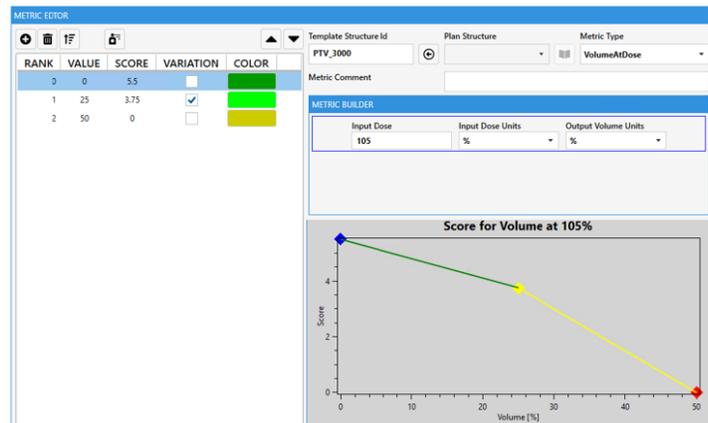


PTV Brain – Volume at 105%

V2.01



V2.0

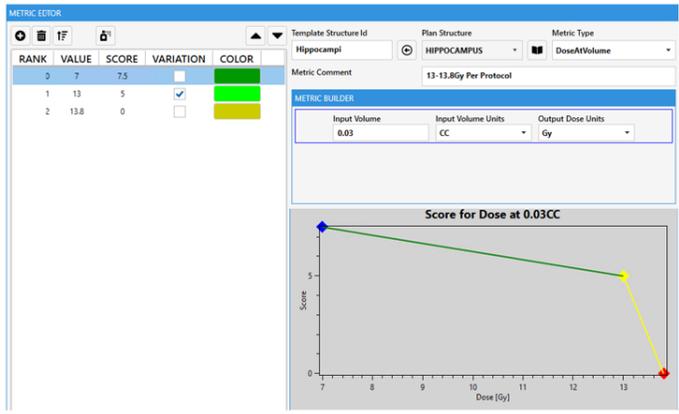


# Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool

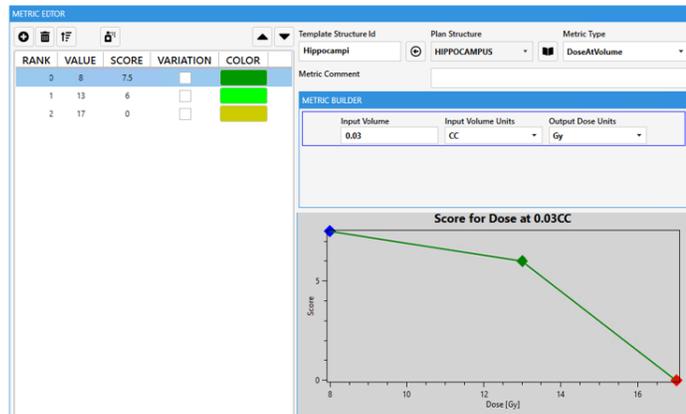
## B4 Scorecard modifications Version 2.01 from Version 2.0

### Hippocampus– Dose at 0.03cc (customized-not scaled)

V2.01

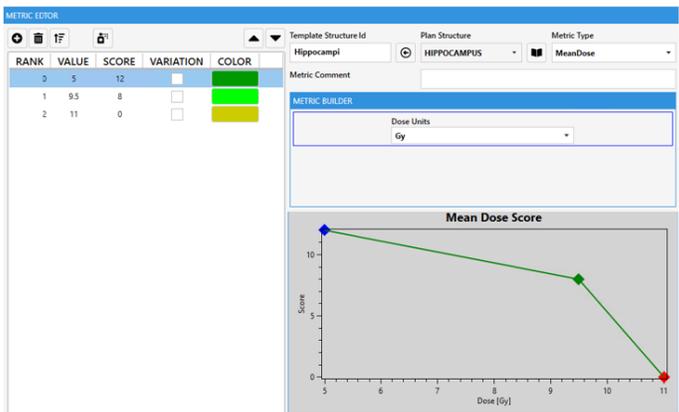


V2.0

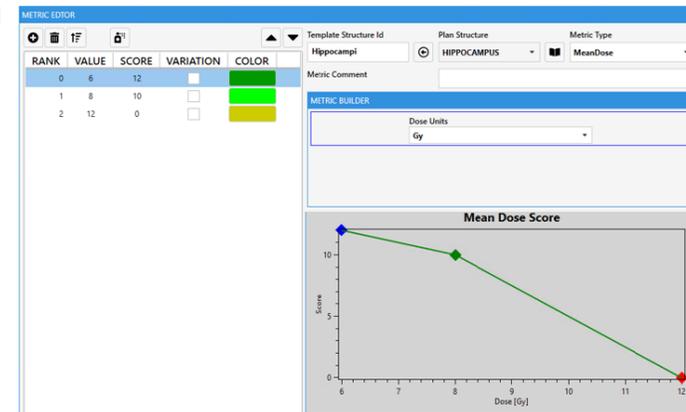


### Hippocampus– Mean Dose (customized-not scaled)

V2.01

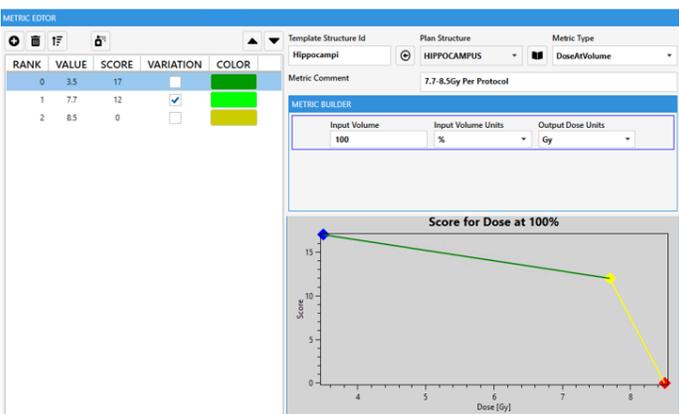


V2.0

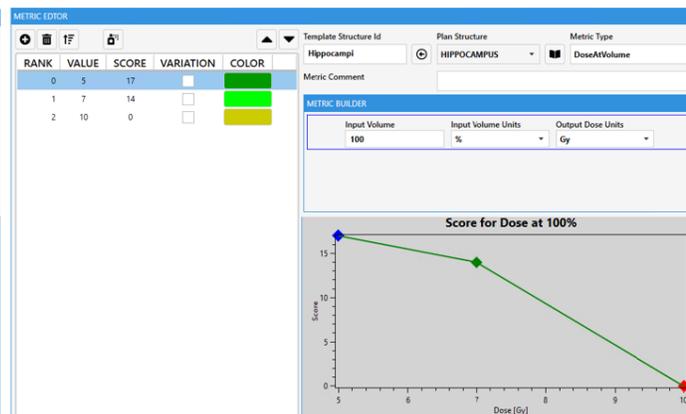


### Hippocampus– Dose at 100% (customized-not scaled)

V2.01



V2.0

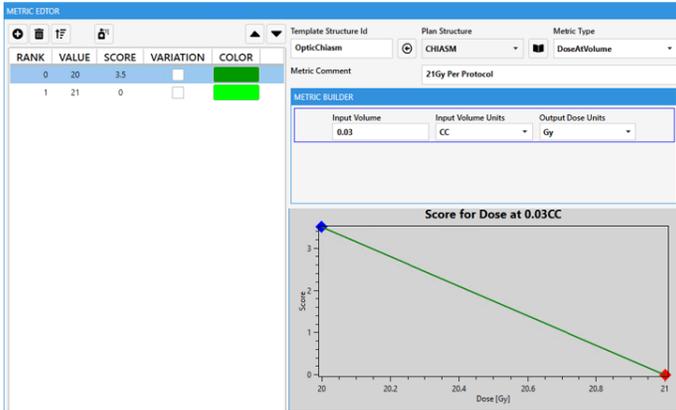


# Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool

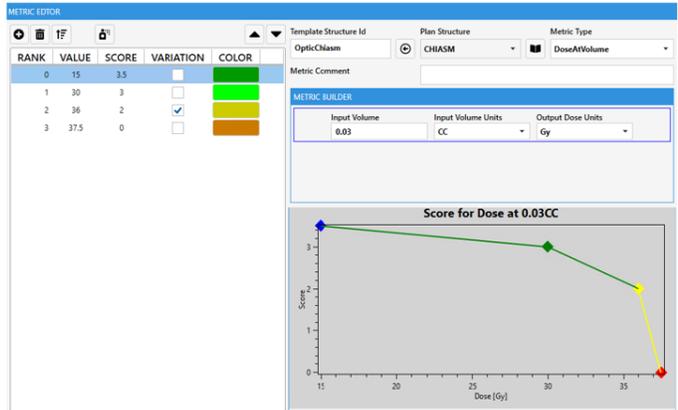
## B4 Scorecard modifications Version 2.01 from Version 2.0

Optic Nerves and Chiasm– **Dose at 0.03cc (customized-not scaled)**

V2.01

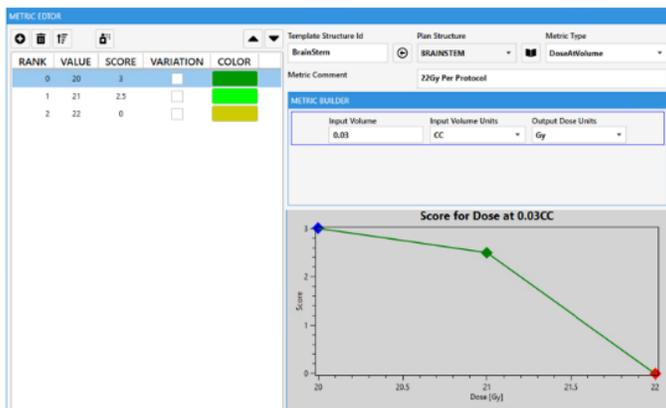


V2.0

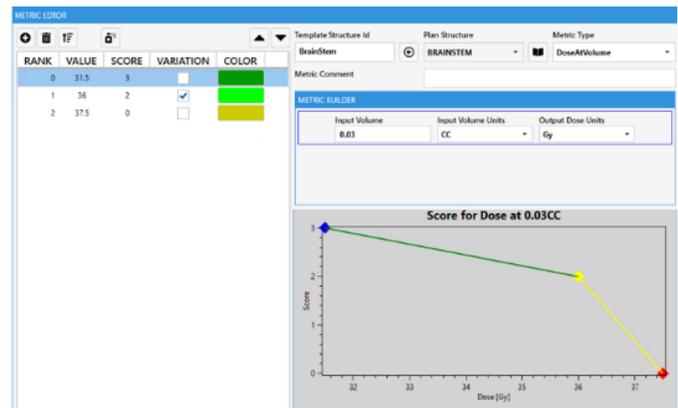


Brainstem– **Dose at 0.03cc (customized-not scaled)**

V2.01

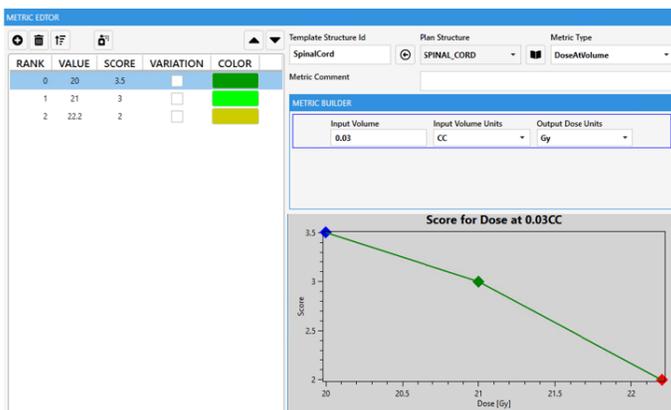


V2.0



Spinal Cord– **Dose at 0.03cc (customized-not scaled)**

V2.01



V2.0

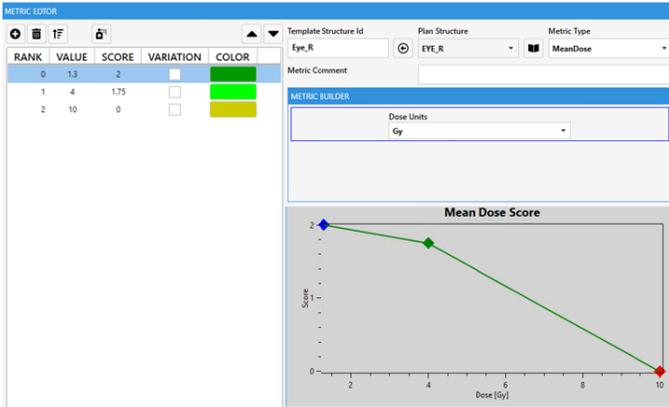


# Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool

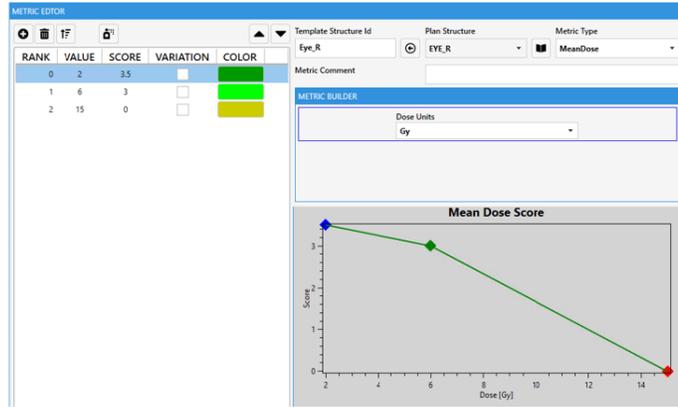
## B4 Scorecard modifications Version 2.01 from Version 2.0

Eyes – Mean Dose (scaled)

V2.01

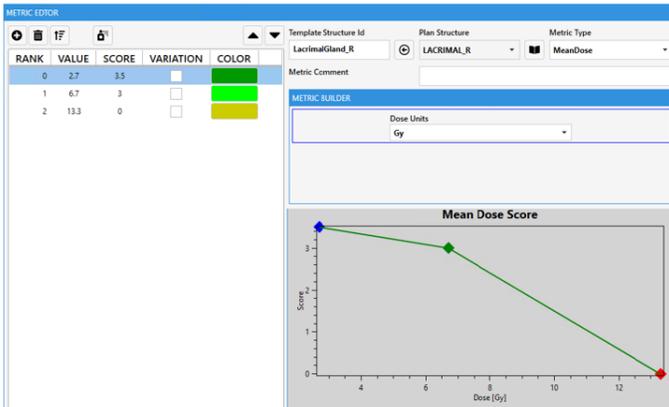


V2.0

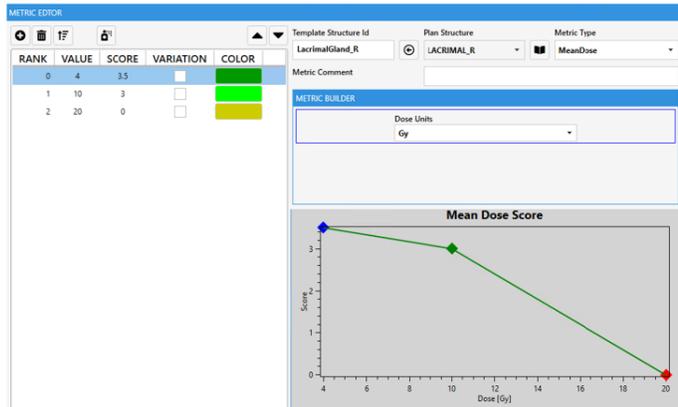


Lacrimal Glands – Mean Dose (scaled)

V2.01

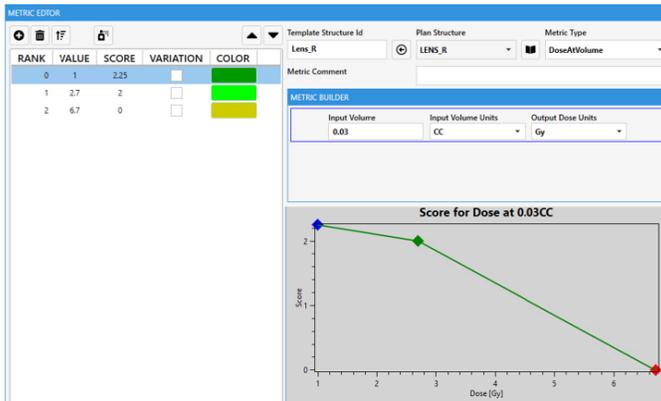


V2.0

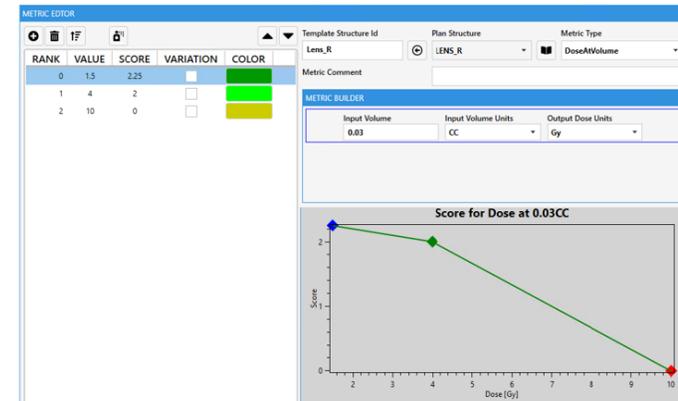


Lens – Dose at 0.03cc (scaled)

V2.01



V2.0



# Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool

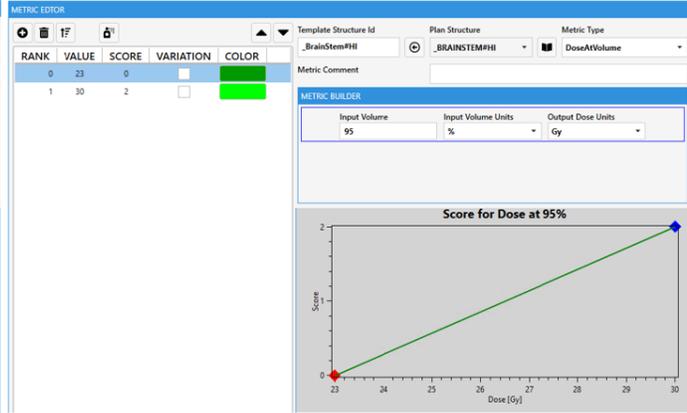
## B4 Scorecard modifications Version 2.01 from Version 2.0

Brainstem Sub Hippocampi + 5mm – **Dose at 95% (scaled)**

Brainstem Sub Hippocampi + 8mm – **Dose at 95%**

V2.01

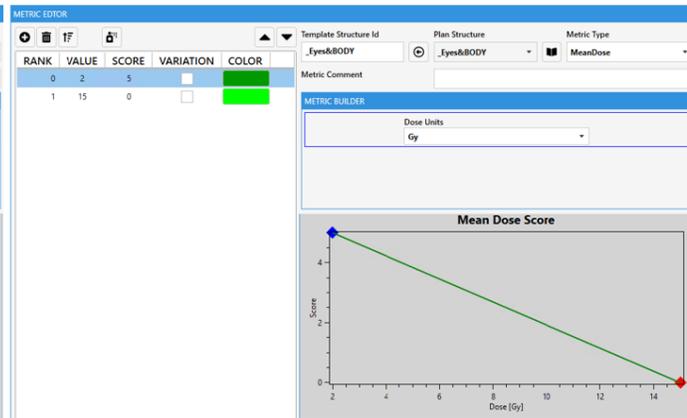
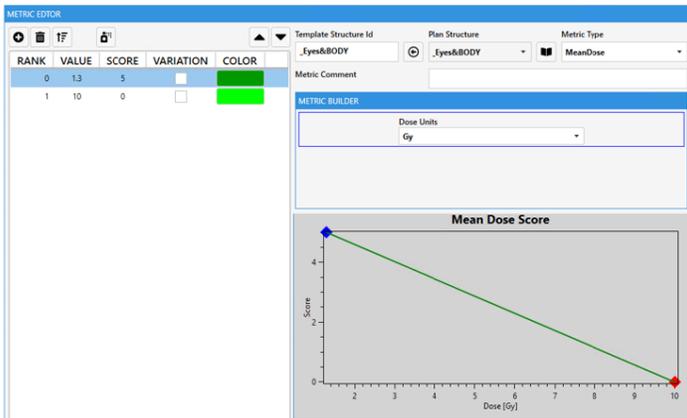
V2.0



Face– **Mean Dose (scaled)**

V2.01

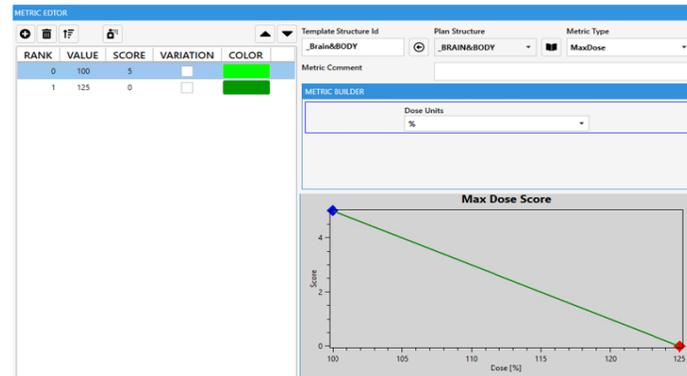
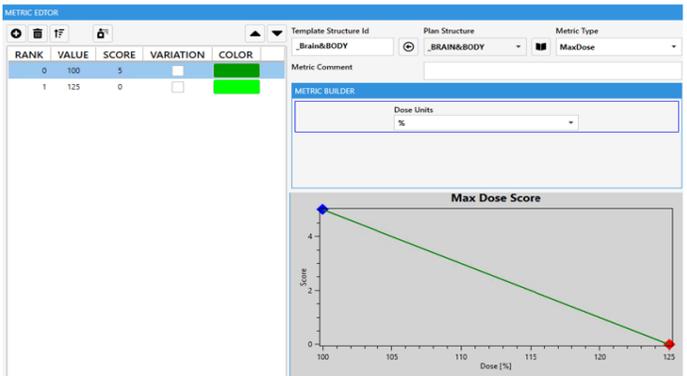
V2.0



Ring– **Max Dose**

V2.01

V2.0

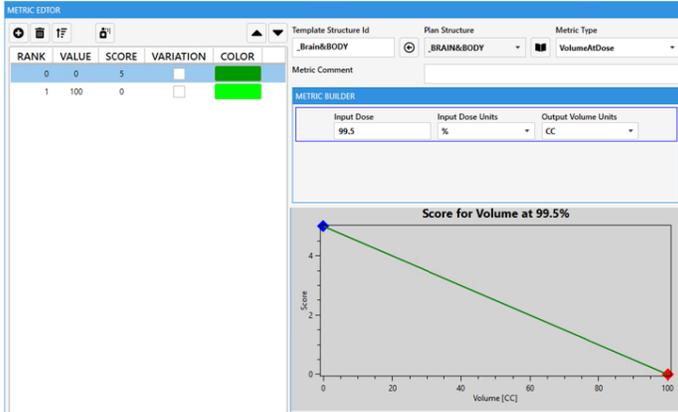


# Annex B: Dosimetric scorecard and PlansScoreCard ESAPI tool

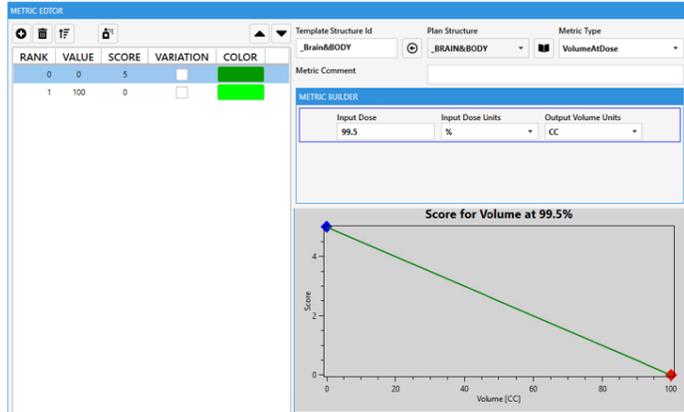
## B4 Scorecard modifications Version 2.01 from Version 2.0

Ring- Volume at 99.5%

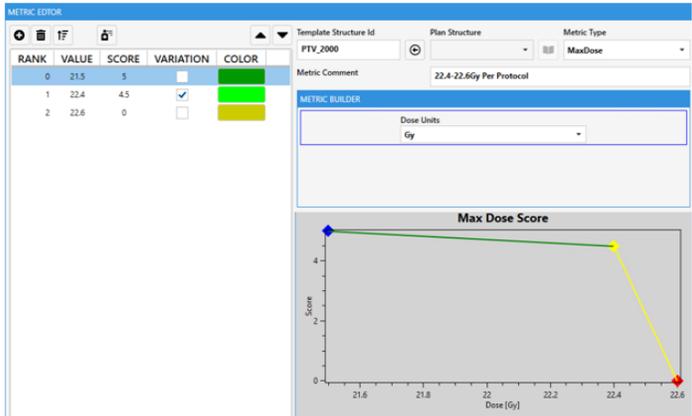
V2.01



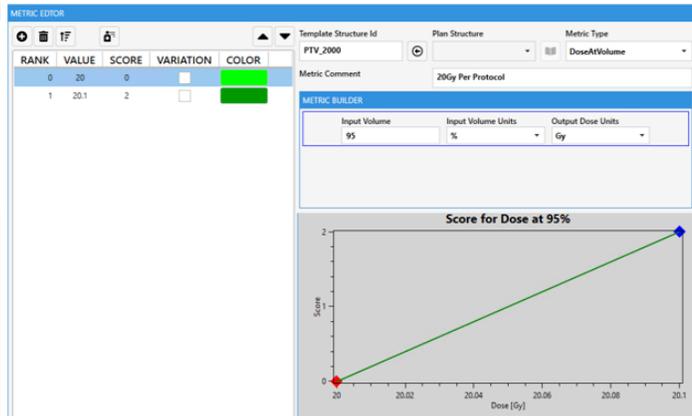
V2.0



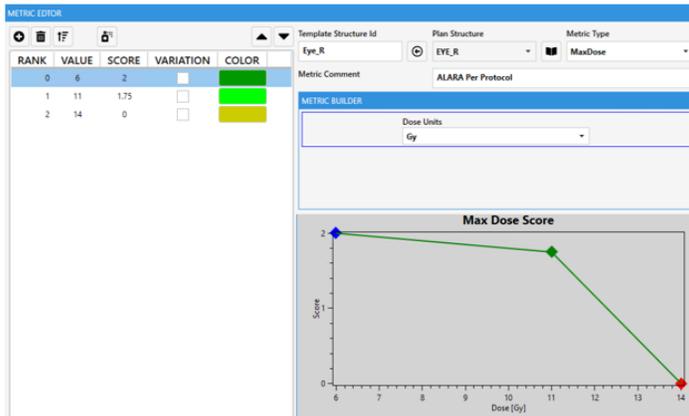
PTV Brain – Max Dose (NEW V2.01)



PTV Brain – Dose at 95% (NEW V2.01)



Eyes – Max Dose (NEW V2.01)



# Annex C: Validation Results

## C1: Beam Arrangements (6X-FFF, AcurosXB v17, extended convergence mode, MR3 return, 2x Intermediate dose)

HSWBv2.01 additional 5 case validation on Halcyon and TrueBeam (M120 MLC)

**Halcyon SX2MLC:** coplanar collimator: 315°, 0°, 45°, 90°.

### Truebeam M120MLC

**HyperArc:** full 4 arc arrangement

**4 Arcs Non-Coplanar:** 2 full arcs 0° couch 315°/45°

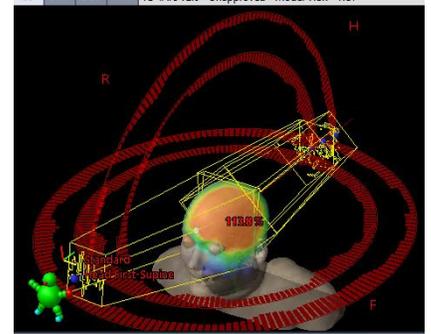
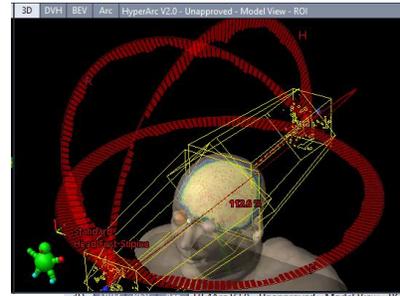
collimators and two vertex 180° (PA) -> 5° (from AP)

90° couch CW/CCW paired arcs with 315°/45° collimator

**3 Arcs Coplanar:** collimator: 315°, 45°, 90°

**4 Arcs Coplanar:** collimator same as 3 Arcs except

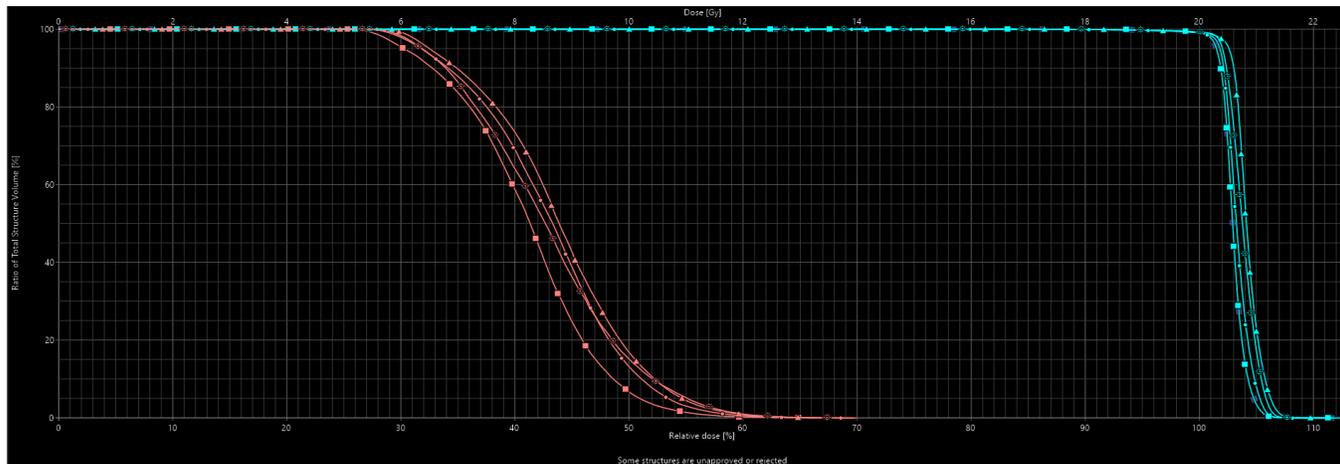
90° split X jaw superior/inferior to hippocampus



Patient	Halcyon	TrueBeam			
	4 Arcs (Coplanar)	4 Arcs (Non-Coplanar)	3 Arcs (Coplanar)	4 Arcs (Coplanar)	HyperArc (Non-Coplanar)
36	141.32	137.2	128.01	137	137.88
37	143.93	141.02	140	142.28	138.16
39	143.31	137.32	127.29*	138.12	137.01
40	137.3	131.18*	117.89**	125.68*	131.36
41	141.54	131.07	132.13	135.85	133.11
<b>Average</b>	<b>141.48</b>	<b>136.65</b>	<b>133.38</b>	<b>138.31</b>	<b>135.50</b>

\* For each metric failing (0 points received)

Patient 36 selected DVH:



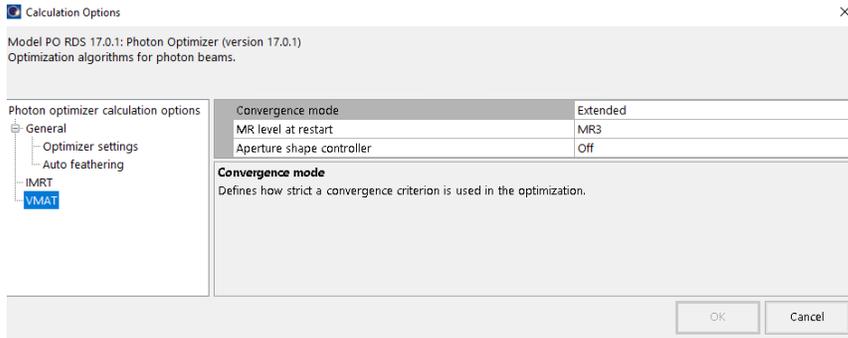
# Annex C: Validation Results

## C2: 1xMR3, 2xMR3, 3xMR3 (Convergence Mode: Extended)

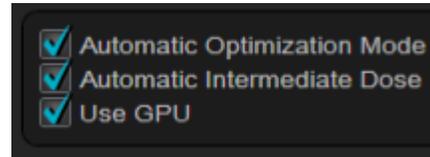
(v17 algorithms, extended convergence mode, MR3 return)

HSWBv2.01 additional 5 case validation on Halcyon

Always use extended convergence mode and MR3 return:

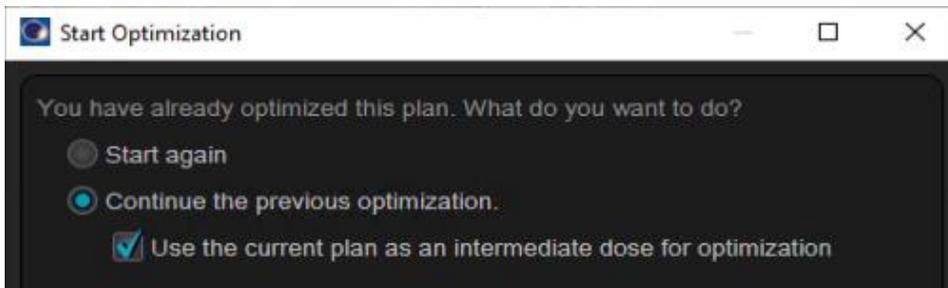


1XMR3= "Automatic Intermediate dose"



\*GPU not required

2XMR3 and 3XMR3: multiple Intermediate dose optimizations, "current plan as an intermediate dose for optimization"

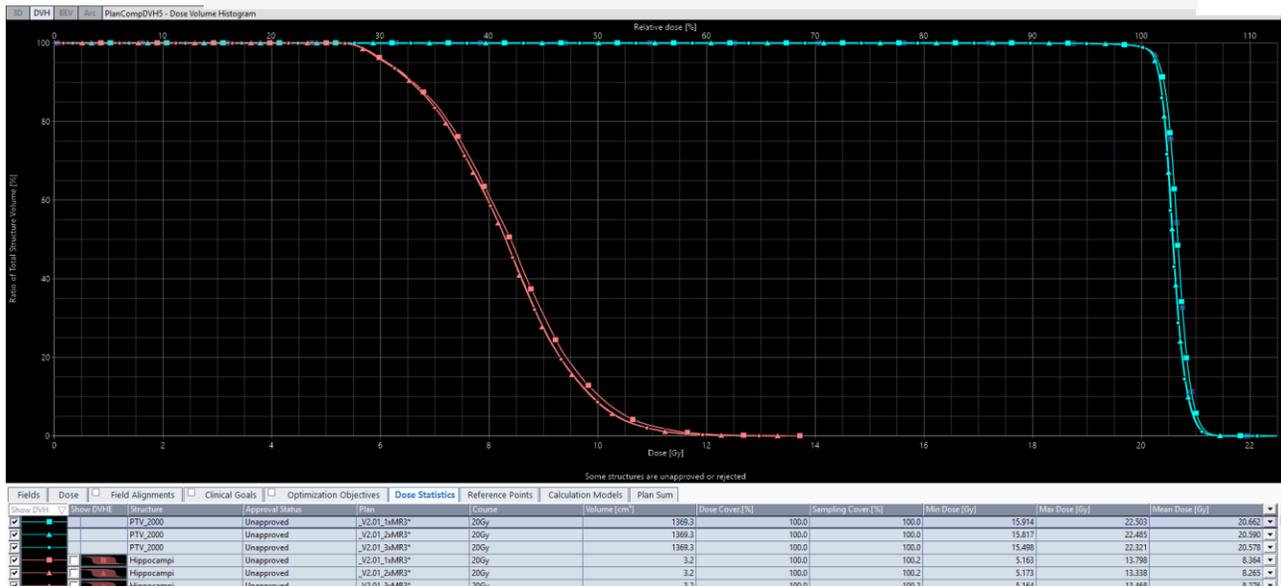


Patient 36

Scores / DVH: 036: [20Gy] \_V2.01\_1xMR3\*: 137.49/158.50 (86.74%) 2516.2 MU

036: [20Gy] \_V2.01\_2xMR3\*: 139.58/158.50 (88.06%) 2602.0 MU

036: [20Gy] \_V2.01\_3xMR3\*: 142.88/158.50 (90.14%) 2677.4 MU



## Annex C: Validation Results

### C3: Rapidplan v15.6 and v17 model versions (Halcyon 4 arc, 6X-FFF, AcurosXB v17)

This model was created on a V17 Eclipse system. For backwards compatibility all training set cases were exported and imported into a V15.6 system, where the cases were added to a fresh model. The V15.6 model was trained and the automatically created optimization objectives from the V17 model were copied in. Finally, the V15.6 model was exported from the V15.6 system back into the V17 system and plans were reoptimized with scores compared with the results of the V17 native model.

	Halcyon	
	4 Arcs (Coplanar)	
Patient	V15.6	V17
36	141.27	141.32
37	144.45	143.93
39	144.03	143.31
40	137.58	137.3
41	142.45	141.54
<b>Average</b>	<b>141.956</b>	<b>141.48</b>

### C4: v2.01 model evolution process (scores) on validation set

	V2.01 Scorecard (158.5 points)			
Patient	V2.0 Model (Manual Scaling)	V2.01 Initial Model	V2.01 Initial Model (New Priorities)	Final V2.01 Recursive Model
36	138.9	140	139.81	141.32
37	143.32	144.66	145.24	143.93
39	140.32	138.07	139.24	143.31
40	133.21	127.92	132.74	137.3
41	140.88	140.12	141.21	141.54
<b>Average</b>	<b>139.326</b>	<b>138.154</b>	<b>139.648</b>	<b>141.48</b>

## Annex D: Examples applying this model for Simultaneous Integrated Boost

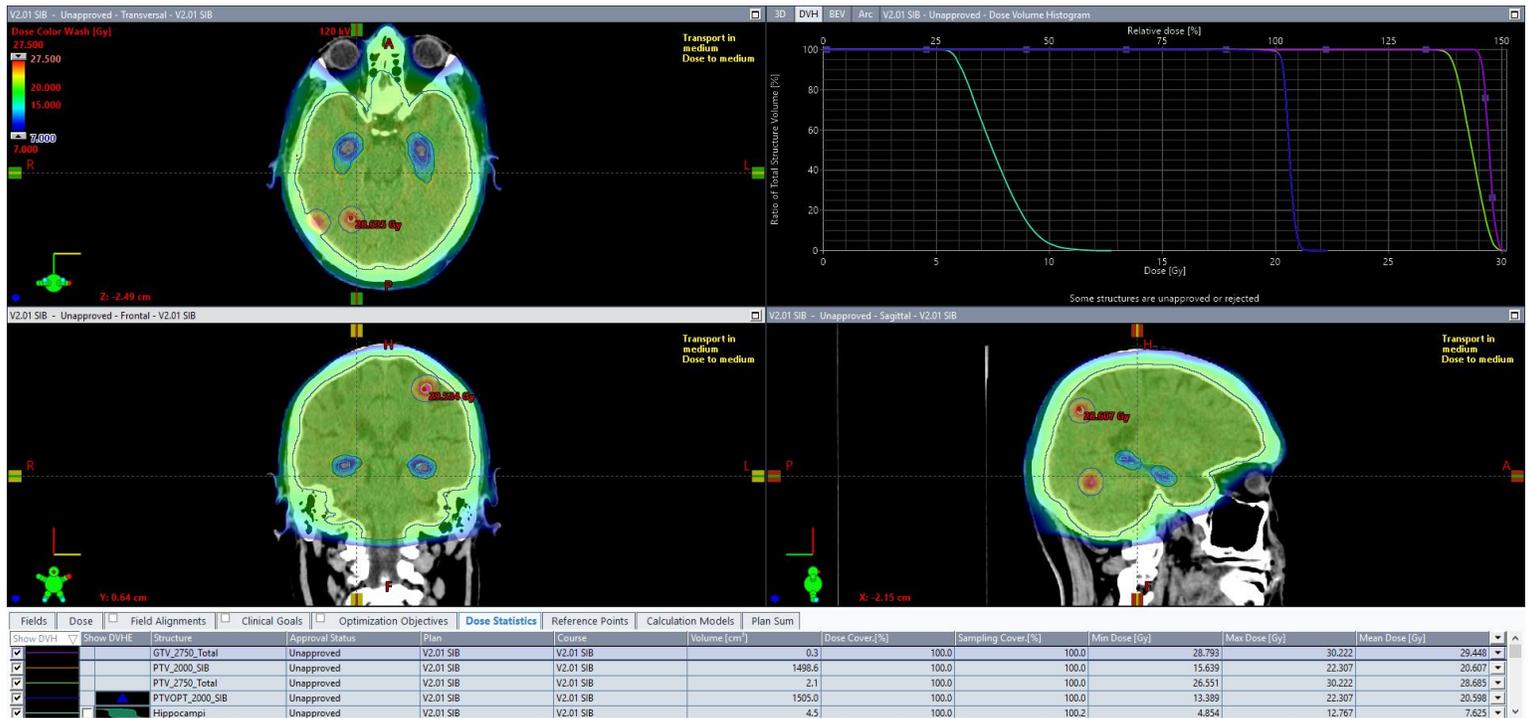
This model was trained for only the PTV whole brain target. However, it could be used to create SIB plans by cropping the PTV\_WBopt, with some additional margin, from the PTVBoost target(s). The PTV whole brain should also be removed from the high risk PTV + 7mm to evaluate heterogeneity within the target. In the below examples, an additional 7mm margin was also used between the WB\_PTVopt (20Gy) and the PTV\_Boost (27.5Gy) target.

After cropping additional margins out of the PTV whole brain and PTV\_WBopt, use HSWBv2.01 to automatically populate the optimizer as intended. Manually add upper and lower dose constraints for the PTVBoost, per prescription. Ensure the margin removed from the WB\_PTVopt, to accommodate the PTVBoost, is not too conservative or aggressive. Consider increasing the MU objective Maximum MU to >2500 if utilizing this RapidPlan model for SIB treatment plans.

When using this method, the HSWBV2.01 model has no knowledge of the higher dose level target when generating the DVH prediction bands and relative optimization objectives. This situation could cause the model to create objectives that are no longer relevant for your patient and, as a result could, create inferior, undesirable plans. The degree to which the objectives are off relates directly to the distance that the higher dose target is from the OARs. This is especially important for the hippocampus DHV bands being predicted and for how much higher the high risk PTV is prescribed relative to the PTV whole brain. In scenarios where the PTVboost is near the hippocampi, it is advised to copy the hippocampi into an evaluation structure and cropped with an additional margin away from the PTVboost. This hippocampi evaluation structure is to then be matched to the hippocampi in the HSWBV2.01 model for DVH estimation and optimization. Due to these various clinical scenarios, the usage of SIB cannot be endorsed by the creators of this model. However, what each user does with this model is at the discretion of the user and their associated clinical, physics, and medical staff.

### D1: Example SIB Plan 27.5Gy in 5Fx

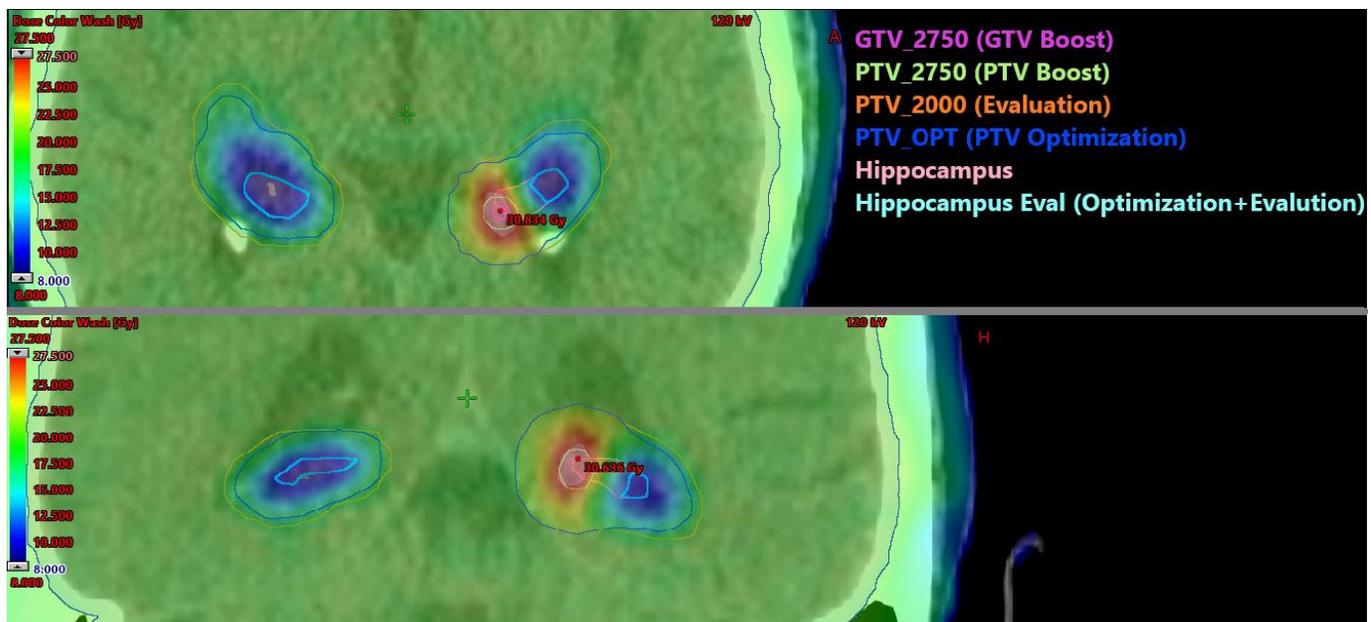
PTV\_2750\_Total boost to 27.5Gy and PTV\_2000\_SIB to 20Gy (Halcyon 4 arc, 6X-FFF, AcurosXB v17).





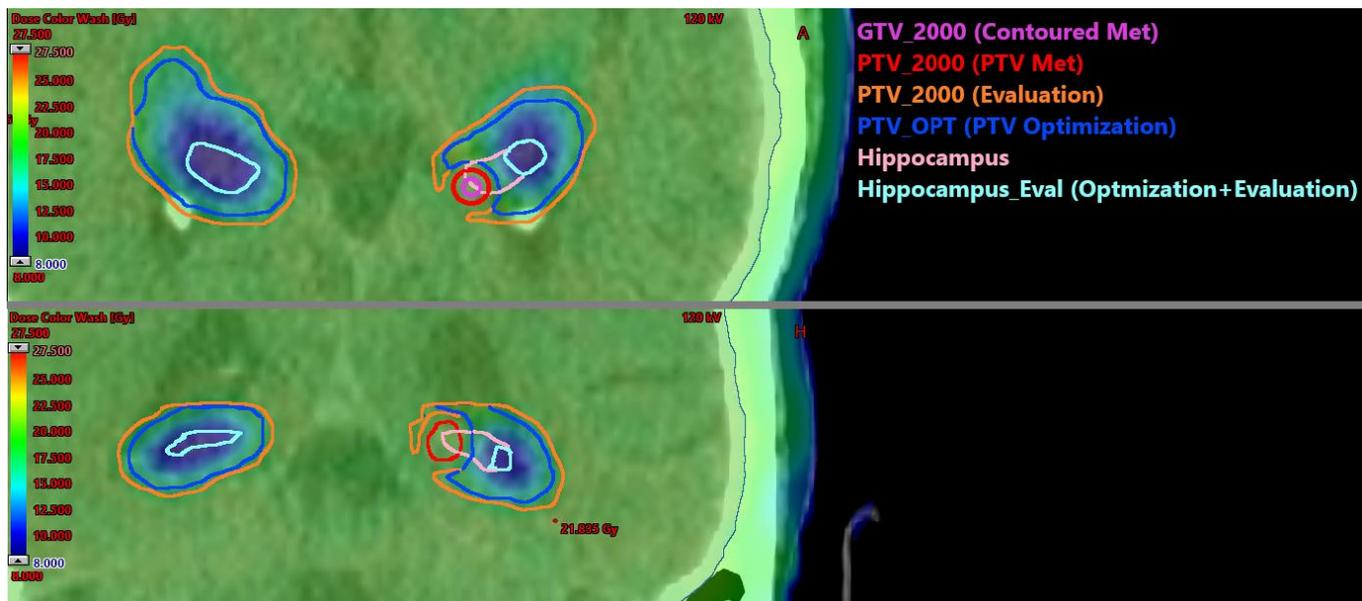
## D4: PTV boost proximity to hippocampi

CCTG CE. 7 allows for hippocampal sparing wherever possible even with metastasis close to or overlapping. In the below example, to achieve desired hippocampal sparing with this proximity to the boost volume, the Hippocampus is copied and cropped by 5mm from the PTV boost. This hippocampus\_Eval structure is then matched to the hippocampus structure in the HSWBV2.01 model for optimization and evaluation.



## D5: Metastases proximity to hippocampi (sequential boost)

The following workflow can be used in the occurrence for when contoured brain metastases are in proximity of the hippocampus and sequential boosting is implemented. To maintain prescription dose (20Gy) to the contoured GTV and PTV brain metastases, the hippocampus is copied and cropped by 5mm from the "PTV met". This hippocampus\_Eval structure is then later matched to the hippocampus structure in the HSWBV2.01 model for optimization and evaluation. After the PTV\_2000 structure and PTV\_OPT structures are cropped 5mm and 4mm from the hippocampus respectively, the PTV Met with an additional 2mm margin can be added back to the both the PTV\_2000 and PTV\_OPT. This allows the model to account for the desired gradient to achieve coverage of the PTV met and reduce dose to the hippocampus\_Eval.



## **Annex E: Acknowledgements**

Manually optimized plans created by Ryan Clark, MS CMD

All data generated and compiled by Ryan Clark, MS CMD and Anthony Magliari, MS CMD

Dosimetric Scorecard v2.01 and derived structures designed by Anthony Magliari, MS CMD and Ryan Clark, MS CMD

Model generated plans created by Lesley Rosa, CMD, Ryan Clark, MS CMD and Anthony Magliari, MS CMD

Clinical Description document created by Anthony Magliari, MS CMD, Ryan Clark, MS CMD and Lesley Rosa, CMD

Please reference future publication:

**Scorecards to express clinical intent with precision: building hippocampal sparing whole brain RapidPlan model V2.01 with enhanced target coverage**

**Kareem Rayn, Anthony Magliari, Ryan Clark, Lesley Rosa, Robert Doucet, Line Comeau, Alan Nichol, Russel Ruo, David Roberge**

## **Annex F: Distribution and compatibility**

This RapidPlan model is to be distributed exclusively via the links found on Varian Medical Affairs:

<https://medicalaffairs.varian.com/wholebrain-hippocampalsparing-20gy-vmat2>

Please do not re-distribute this model as number of downloads will be tracked (strictly to judge the success of this project).

This RapidPlan model was created, tested, and rebuilt with both Eclipse v17.0 and v15.6. For older versions of Eclipse (v13.x), please find the older HSWBv1.